



Biking to Work

"Since 1981, I have been biking to work from April through October. It takes me about 15 minutes since I live only 3.5 miles from work.

That's about the same amount of time as driving in and walking from the parking lots.

Riding in to work gives me a little exercise, wakes me up and saves me the cost of driving and parking or riding the bus.

It's an enjoyable way to start the day!"

Phil Grotenhuis - MDOT